BENGALURU, THURSDAY, OCTOBER 12, 2023 www.Bangaloremirror.com 12 Pages PRICE ₹3

Bangalore Mirror

TEMP Max 29 | Min 20 | Humidity 90% Generally cloudy sky with one or two spells of rain Sensex 66,473 | Nifty 19,811 | Gold 58,530 | Silver 72,100 | Dollar 83.18 | Euro 88.36 | GBP 102.27

Feeding birds at lakes/parks has short/long-term impact on their health, ecology - prolonged diet of human-processed food can kill them, experts warn

LET THE BIRD EAT LIKE A BIRD

'Human-fed birds tend to lose instinct to hunt, forage'

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You may think it is harmless to throw a couple of Parle-G biscuits at a white-breasted waterhen or a handful of crispy fryums at a little egret you spotted at your nearest waterbody.

However, ornithologists and bird enthusiasts have warned against feeding birds processed food that humans consume. Alarmed by increasing incidents of birds feeding on human-processed food loaded with sugar, carbohydrates, unhealthy fat, and chemicals, experts said it can have short-term and long-term impacts on the birds' health - a prolonged diet of human food can kill the birds too.

From popcorn to aloo bhujia, leftover cooked food, colourful mixtures to spicy namkeen, birds at Bengaluru's lakes and parks are feeding on loads of unnatural food.

CONTINUED ON PAGE 6 »

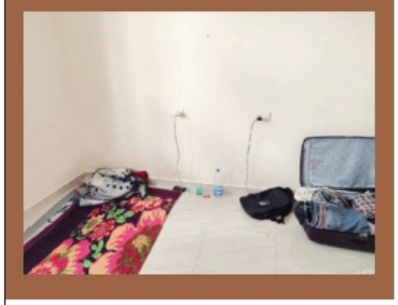
CÉDRIC VT/UNSPLASH - FOR REPRESENTATION PURPOSE ONLY

"It's essential to strike a balance between compassion and conservation
—Subiksha Venkatesh, rescue manager, ARRC

CITY / PAGE 2

Sleeping rough

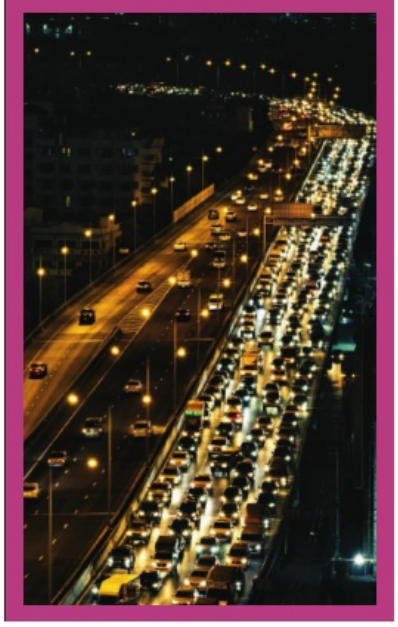
No facilities at BU PG hostel



CITY / PAGE 3

Traffic violated

60 lakh cases, Rs 173 cr in penalties



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3 THINGS TO DO

01 Signature goods

Charitable Support Bangalore (CSB) is holding an exhibition for a greater cause at one of the popular venues in the city. You can get your hands on signature handcrafted items, designer clothing, fashion jewellery, sarees, home decor, organic food products, cakes, bakes, and more. Founded in 1998 by Mae Barr, the legacy lives in the actions of women at CSB. Funds raised are used for bettering the lives of destitute and elderly women, underprivileged children, physically handicapped people, and animal care.
Where: Chitrakala Parishath
When: Saturday, October 14; 10:30 am to 7 pm

02 Celebrate art

Kreative Minds in collaboration with Stone Street by BHive is organising an exclusive art exhibition and workshops on painting, craft and art therapy. Esthetique 2023, aims to celebrate the diverse world of art and creativity. The event welcomes art enthusiasts of all ages. Entry is free in art exhibition. **Where: Stone Street by BHive, Ground Floor (Covered Area), BTM Layout**
When: October 14; 10:30 am to 5:30 pm

03 For earth

The Centre for Study of Science, Technology and Policy (CSTEP) is hosting an event called 'eARTh' that aims to bring together artists practicing different mediums and styles to explore how art and science can meet to trigger a positive change for our planet. The event will encourage young and experienced artists to partake in activities designed to enable climate-positive action. Participants can showcase their art and share stories of how they are exploring climate change.
Where: Bangalore International Centre
When: October 14; 5:30 pm

Tales of discomfort

Students express concerns regarding absence of essential amenities in newly built hostel at Jnanabharathi BU campus; say they are forced to sleep on floor

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After the completion of the building construction, including civil works, for the new hostel for postgraduate and PhD students on the Jnanabharathi BU campus, students complained about the lack of basic facilities. As a result, students are staying in the old hostel.

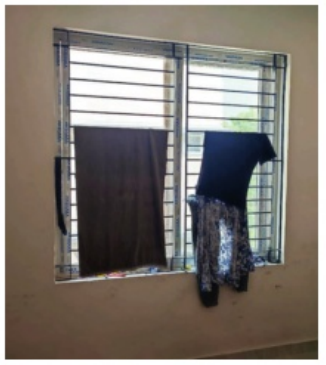
The complete civil works for the new building built by Karnataka Housing Board were completed in 2022, but a year later, students still don't have basic facilities like a dining mess, library, and WiFi facilities within the new hostel.

Additionally, the students have not received any beds, cots, pillows, tables, or chairs specifically for the new building. They have been continuing to use facilities from the old hostel in the new building.

Lokesh Ram, president of Bangalore University's Postgraduate and Research Scholars Association, alleged that they have been demanding these facilities for the past three years, even before the completion of civil works.

"The PG students have shifted to the new hostel building, but facilities are still missing. There are no racks, study tables, or other required furniture. Management has not provided any bedding or cots. This is forcing students to sleep on the floor, and some have shifted furniture from the old building. The dining hall, library, and parking areas are not yet ready to be accessed. Students are going to the old hostel for their food mess, library, and Wi-Fi requirements. We also have a tussle with the management to construct another gate from the Nagarbhavi side," he said.

Nearly 60 students are staying in the old hostel due to the poor facilities in the new building, and around 60–100 students are staying in the new building. It has been learned that the old building is also being renovated and is partially completed, he added.



Students say that the management has not provided any bedding or cots in the new hostel for postgraduate and PhD students on the Jnanabharathi BU campus

"We don't want to shift to the new building due to a lack of facilities. There is no hot water facility there. The old hostel is getting better due to renovation. The new building has a mosquito and garbage problem as well," he explained. Another student staying in the new building told BM that they have to pack food from the old hostel and bring it to the new one and commute to meet their basic requirements.

> **"The PG students have shifted to the new hostel building, but facilities are still missing. There are no racks, study tables**
> – Lokesh Ram

The new hostel was constructed at a cost of Rs 13 crore, and all civil works were expected to be completed in 2020. The new hostel building was constructed to meet the growing student numbers and dilapidated state of the old building. Metal rods sticking out, dripping of water during rains, and fungal growth in parts of the building were some of the complaints by the students regarding the old building. The new building was constructed to address these issues and has 128 rooms and two blocks on four floors.

Get set for the high-speed buffalo race

Kambala, popular sporting event in coastal Karnataka, to be hosted in Bengaluru for first time; participants' response surpasses anticipation

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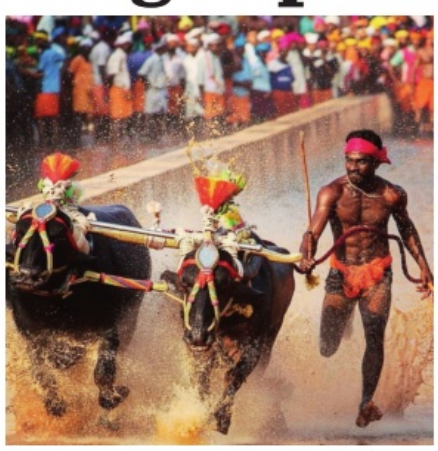
TWEETS @sridharvMirror

As Bengaluru eagerly prepares to host its first-ever Kambala (buffalo race) on November 25 and 26, the response from participants has exceeded expectations. Approximately 78 teams have registered to take part. Ashok Rai, Puttur MLA and president of the Bengaluru Kambala Samithi organising committee, said that the committee has also planned a bhoomi pooja before the race, along with karya muhurtha, a display of different delicacies, and Yakshagana performance. The buffaloes will be transported from their respective villages to Bengaluru on November 24, with a stopover en route to ensure the animals don't suffer from exhaustion. Drinking water and buffalo-friendly food will be brought along in tankers.



File photo of the traditional buffalo sporting race in slush paddy fields, which involves two rounds of selection

Kambala is the annual buffalo race of Tulu Nadu and a popular sporting event in coastal Karnataka. Celebrations typically commence after the paddy harvest season (October or November). The race takes place on two parallel tracks filled with mud and water. Each pair of buffaloes has a Kambala runner or jockey to control and command the animals on the track, and the winning team qualifies for advanced rounds.

The Kambala season had created a record of sorts; Shrinivasa Gowda earned the sobriquet of 'Karnataka's Usain Bolt' for covering 100 metre in 9.55 seconds on February 1, 2020. Later, Vishwanath, a resident of Byndoor, covered 125 metre in 11.44 seconds, setting a new record. There are plans for the Kambala Academy to allow female jockeys, marking a significant move by Kambala followers. Decades ago, women were not even allowed to watch the race, but times have changed, and now women actively participate in grooming the buffaloes and tying them before the race.

Kambala has gained popularity beyond coastal areas, with many jockeys breaking records and being compared to the likes of Usain Bolt. Kambala, the traditional buffalo sporting race in slush paddy fields, typically involves two rounds of selection, including medical tests and interviews, for interested participants. The training camp, running for 10-15 days starting in the latter part of October, will cover personality development, yoga, and other necessary aspects, coached by professionals.

Danger on road: Speeding through life on two wheels!

Reckless biking becomes major concern for road safety among citizens

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A man in Nagarbhavi was about to lose his life a week ago when he encountered a person who was wheeling. The victim was in his vehicle when a person coming from the opposite direction was about to hit him, but luckily, he was saved. In another incident a week ago, a girl on Outer Ring Road, while coming back from her tuition, was crossing the road when she was hit by a vehicle and injured badly. In both of these cases, the accused was wheeling and violating lane discipline.

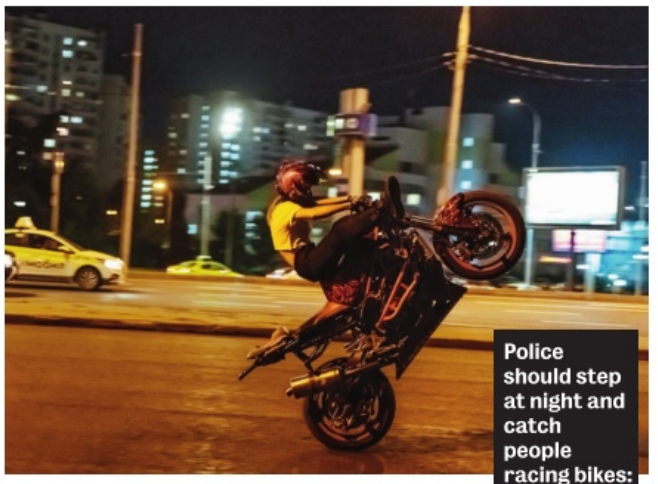
Ajay of Swayam Jagruti told BM that when the residents approach the police regarding these cases, the police assure them that some action will be taken, but nothing substantial is being done.

The traffic police have booked more than 68 lakh cases under the MV Act and other acts in 2023.According to the data provided by the police, as of September, the police had booked a total of 68,31,473 cases and collected a fine of Rs 173 crore. Most of it was done through contactless booking, in which the police recorded 66 lakh cases and collected Rs 87 crore. Around 2 lakh cases were booked through contact enforcement, and the police collected Rs 85 crore.

Out of these, the police's main focus remains on catching helmet violators and wrong parking. The city has recorded 8 lakh cases for wrong parking, followed by 8 lakh cases for jumping traffic signals.

The highest numbers of violations are of people not wearing helmets, as the city traffic police booked more than 31 lakh cases of riders without helmets and another 8 lakh for pillion riders not wearing helmets.

But the rather shocking part of the data is that cases like racing and trails of speed overtaking by left just have two cases each. Cases like free wheeling, which are gradually increasing in the city, also recorded just 5 cases.



Police should step at night and catch people racing bikes: residents

Despite people talking all over social media about how Bengaluru drivers don't know lane discipline, traffic police haven't been able to catch even 1,000 people in 9 months, as the violations for lane discipline are just 700.

"I agree that wearing a helmet is important and one should get fined for it, but where does it say that people who are racing on the road should not be caught? Traffic police should step out at night and notice youngsters racing on bikes, and then they might catch them. Why is the focus only on parking, especially in a city where there is no place to park?" said Suraj, a resident.

Another resident added, "I have seen people speeding in front of traffic wardens and constables, and they are not scared. Because the police don't scare people anymore in the city."

One resident also raised her concern about freewheeling in the city and added, "A month ago, I saw that someone had posted on social media that free wheeling classes were being given in some areas. I am sure that traffic police are active on these social media apps; why can't they identify these people and cancel their licence?"

CRIME FILES

Man arrested for posting girlfriend's pics

A man was detained by the South East Cyber Economic and Narcotics (CEN) Crime Police for posting his girlfriend's personal images online. The accused is alleged to have enjoyed reading the remarks people made on the posted pictures.

The accused has been identified as Anjay, a 26-year-old. He is a native of Tamil Nadu's Vellore. He was living with his girlfriend in Bengaluru at the time.

On September 23, a 24-year-old woman went to the police and reported that several of her private recordings had been posted on accounts on the Telegram, Twitter, and Instagram platforms. She told the police that a comparable event had happened in 2021 and that when a complaint was made, the photographs were removed.

In response to the complaint, the police opened an investigation and filed a FIR under several sections of the Information Technology Act. Social media networks responded to the police's letter by suspending the accounts and asking for information about the account owner. -BMB

200 fall in recruitment trap

The Halasuru Gate Police Station has arrested an accused who deceived over 200 job seekers, posing as a BBMP staffer recruiting Marshals. The culprit promised job placements for a payment of Rs 3,000 and distributed counterfeit recruitment confirmations through WhatsApp to the unsuspecting victims.

In another case, Halasuru Gate police have arrested a salesman along with his accomplice, who pilfered about 1.262 kg of gold jewellery while employed at a store near Halasuru Gate. The theft occurred when the store owner entrusted the salesman to deliver 1.262 kg of gold to a fellow jeweller in Nallur, AP. Instead of delivering, he colluded with his accomplice to commit the crime. -BMB

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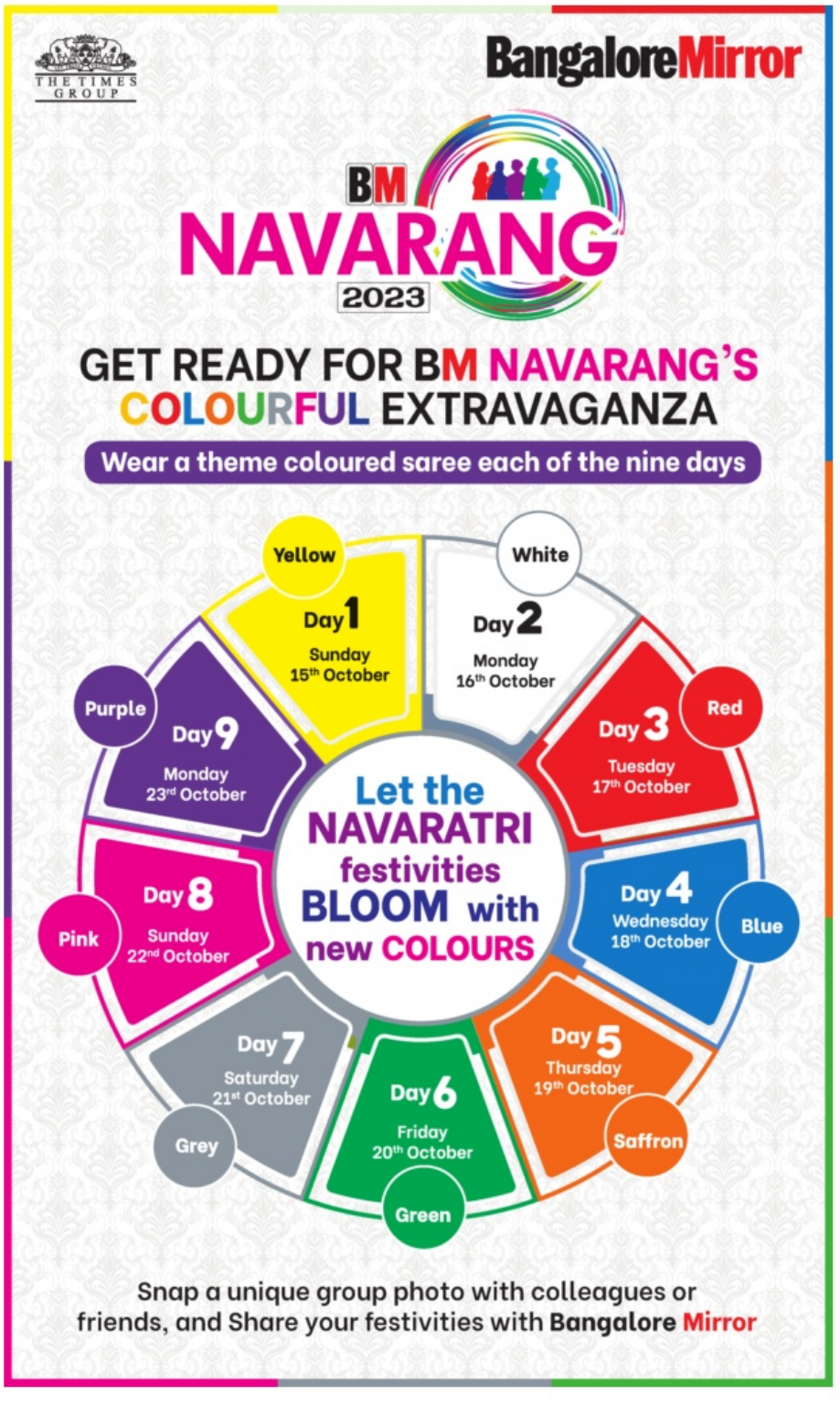
GIRL POWER: Kajol celebrates International Day of Girl Child with heartfelt post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Rally to rescue Avalahalli

Encroachments on Rajakaluve disrupt natural flow of water, affecting ecological balance of Avalahalli Lake

| Iffath Fathima
Iffath.Fathima@timesgroup.com
TWEETS @BangaloreMIRROR

With an increase in number of buildings, residents allege the rajakaluve has been encroached upon. This is blocking flow of water and causing water-logging in localities around when it rains

Residents of Yelahanka have been tirelessly advocating for the preservation of Avalahalli Lake. Their primary concern revolves around the ongoing encroachment on the Rajakaluve, a critical stream that sustains the lake. This encroachment has culminated in the disconnection of the Rajakaluve stream, causing the lake to dry up. Faced with this environmental crisis, residents are now seeking the support of Yelahanka's elected representatives to spearhead the removal of encroachments and safeguard this vital water body.

Many apartments have come up in Yelhanka and become a hub for property buyers. However, with the increase in buildings, the residents alleged that there had been encroachments of Rajakaluve, leading to blockage of the water flow and the water overflowing to the localities during rains.

On Wednesday, about 80 residents living in the neighbourhood of Avalahalli Lake of Green Circle, representing nearly 20 nearby apartments, participated in a walk to save Avalahalli Lake with the Yelahanka MLA, SR Viswanath. Members from various apartments like Prestige Royale Gardens, Vajram, Sriram Suhana, Ramky One North, MSR North East County, BEL Layout, Zed Woods & Collective and Godrej attended the meeting besides Panchayat Members and others joined to save the lakes.

The lake stream's starting point is Krishna Sagara Lake, which then goes to the Avalahalli and then connects the Harohalli Lake. However, it was found that the connection of Rajakaluve between Krishna Sagar and Avalahalli Lake was incomplete. "Despite the canal being near the Krishna Sagar Lake, there was no water flow. There was cementing done, and weeds were formed in the canal. The Rajakaluve was disconnected, and the free flow of water was impeded due to the encroachments of many buildings coming up. The Rajakaluve has been infringed on many unauthorised plots in the lake buffer area. The city has a lot of encroachment of Rajakaluve issues in many places. It is the need of the hour to rejuvenate the dying Rajakaluve and connect lakes so that all waterbodies will be full of water supply. Strom water drains also must be connected with Rajakaluve so that the rainwater will be properly augmented," said V Selvarajan, Chairman of Green Circle. Upon seeing the disconnected flow of Rajakaluve, Vishwanath assured the citizens to initiate surveying the lake to check upon the encroachments of the lake. "We have recovered over 40 species of birds at the lake. However, the birds started to vanish as the lake started to dry up. The Avalahalli Lake also has many fish, and illegal fishing is carried out. We need to protect such species, and if the lake starts to dry out, we won't be able to see any of the species near the lake again. With the downpour for a few days, the lake has filled 25% water. Rain is the only source of water for this lake," added Selvarajan.

> **"It is the need of the hour to rejuvenate the dying Rajakaluve and connect lakes so that all water bodies can be filled to brim**
> – V Selvarajan, Chairman of Green Circle

Ramakanth from Vajram Apartment said, "Rejuvenation of rajakaluve and cleaning of the stormwater drain is very important to ensure that there is no flooding as well as the stagnation of wastewater." The residents pointed out that the issue has been going on for many years; however, for the first time, the elected representative has come forward to hear the woes of the lake and believes that the concerns of the residents will be taken seriously. "The MLA has said that an inspection and survey of the lake will be carried out within three days. The lake situation has not been attended to for over a decade, and now we have seen some positive responses. As the localities are getting flooded due to encroachment, many residents are also coming forward to fight for the lake," said a resident.

Changing tides: Idols out, drains off

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Plastering of manhole is in progress at Seegehalli Lake; Workers are busy in removing floating Ganesha idols from Benniganahalli Lake

The residents of Pai Layout and Seegehalli in Bengaluru are overjoyed by the proactive response from the Bruhat Bengaluru Mahanagara Palike (BBMP) Lakes Department. Residents are elated in Pai Layout and the neighbouring areas as the BBMP authorities have taken decisive steps to remove floating Ganesha idols from Benniganahalli Lake. Simultaneously, residents of Seegehalli and dedicated lake activists are celebrating the BBMP Lakes Department's initiative to permanently close the gap between the lake bund and a manhole. This gap was initially created to facilitate water drainage from the lake but was found to have adverse effects on the surrounding ecosystem.

BangaloreMirror
What an idea! Draining a lake to desilt wetland
Let the lakes be...

BM reported on October 11 about the condition of Benniganahalli and Seegehalli Lake

These developments follow the publication of two articles by the Bangalore Mirror on October 11. These articles, titled "Let the lakes be..." and "What an idea! Draining a lake to desilt wetland," highlight the concerns of residents regarding Benniganahalli Lake, a celebrated model lake in the city and how lake activists insisted on stopping draining water from Seegehalli Lake as it is needed to water the plants and trees around the lake bund.

"We are writing a letter to the Bangalore Development Authority to provide a fence atop the flyover to prevent people from throwing all types of waste into the lake from the flyover. We want a permanent solution to this problem. I am very happy with the BBMP Lakes Department for deputing security guards to keep a vigil on people throwing waste into Benniganahalli Lake. I am also happy to know about removing floating Ganesha idols from the lake," said Benniganahalli Kere Community Development Trust Treasurer Anupama V L.

Thanking the BBMP Lakes Department for its quick response, Balaji Raghotham, a lake activist, has suggested to the BBMP Lakes Department to install a sluice gate at the outlet of Seegehalli Lake. "It will avoid breaking the manhole and causing a breach to the lakebund whenever the authorities want to desilt the water body," said Balaji Raghotham.

Appreciating the BBMP Lakes Department and the contractor for filling the gap on the lake bund and the hole to the manhole, Nagaraj M H, a resident of Gayathri Layout, has said water in the lake will greatly help birds. "Water in the lake will facilitate an increase in the groundwater table at residential areas around the lake. I want to thank all those responsible for saving water in the lake," said Nagaraj.

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Safety concerns

Hospital Road

The shelter for police personnel on Hospital Road is in a dilapidated state, leaving the officers unprotected.

Stalled project

Indiranagar

Incomplete roadwork on 100 Feet Road near Total Gas in Indiranagar has persisted for three years.

Health risks

Sultanpalya

Dumping of garbage at Sultanpalya's Hanumanthappa Layout, 3rd Cross, is causing a foul odour, and also making residents of areas nearby sick.

Tracking Metro Purple Line

Chaos on tracks

Commuters unhappy with delays, overcrowding, long queues, less security staff, low frequency of trains on Pattandur Agrahara station

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Commuters relying on the Pattandur Agrahara station faced many inconveniences leading to overcrowding

The long-anticipated Bengaluru Metro Purple Line extension from Whitefield to Challaghatta metro finally commenced on Monday. However, commuters relying on the Pattandur Agrahara station faced many inconveniences, citing long queues, insufficient security staff, and infrequent train services, leading to overcrowding.

For many IT professionals, the completion of the Purple Line metro was a long-awaited prospect, promising a significant improvement in their daily commute. According to the commuters, the Pattandur Agrahara station would result in massive numbers of people coming to the station due to the hundreds of employees working in ITPL This should have been anticipated well in advance by the BMRCL and come out with changes that could benefit them instead of making them wait for a long time.

Shashi, a senior IT professional who took the metro on Monday, said, "I took the metro at Pattandur Agrahara station around 5.30 pm, and there were long queues and crowds at the station. Around 50,000 work at ITPL, knowing that BMRCL should have planned this station better. Getting to the platform and scanning the tickets took a lot of time. The staff deployed for security checks was less, and ticket scanning counters were also low. Instead, it should have been more. We had to wait for over 15 minutes to get to the platform. The metro's frequency time is also 10 minutes, while it should have been 5 minutes interval."

The metro users pointed out that such stations with more people should be identified and have enough gates and staff for a smooth process. "BMRCL needs to identify stations close to the tech parks and have enough security and gates for people to reach the platform easily. This apart, the frequency should be increased to less than 5 minutes. The metro train by itself should speed up so that it can accommodate more people. The public waiting for the metro to commute through public transport will also get dejected and shift back to private transport again. We have waited for this metro service for a year. There was a lot of delay, and now, when it has started, there are problems," said Sashi.

Bangalore Mirror
Metro buzz: Highs & lows on Purple line
While Benniganahalli station gets praise, crowding at Majestic is panned

BM's report on October 10 about highs and lows of the extented purple line

Another commuter said, "With the waiting time of the train for 10 minutes, there was huge crowding, and people were trying to get into the train in large numbers. Everybody was squeezing in and standing inside. While many of us were excited to use the train, seeing the situation, many of us were dejected. The frequency of the train needs to be increased."

However, commuters who used the station during other times did not find the station that crowded. But added at the fact the frequency of the train should be increased. "The train frequency should be increased to every two minutes. Only this way we will see more people adopting to use the metro services," said another commuter.

Bengaluru MP of Central PC Mohan tweeted on Wednesday to enhance the train frequency service.

New baggage scanners at Benniganahalli

Bangalore Mirror Bureau
mybangaloremirror@timesgroup.com

TWEETS @BangaloreMirror

To enable smoother movement of commuters at the Benniganahalli metro station, the Bangalore Metro Rail Corporation Limited (BMRCL) has installed additional baggage scanners on Wednesday. The station has been receiving high footfall since it was thrown open to the public on Monday, requiring faster security checks to avoid forming long queues of commuters. The BMRCL recorded a ridership of 70,120 commuters travelling from Baiyappanahalli to Whitefield out of the total 6,53,397 ridership on Tuesday. On the first day of service, the stretch saw a ridership of 61,179 commuters. Before the connection between the Baiyappanahalli and KR Pura stations, the ridership on the stretch was a mere 28,000.

Benniganahalli Metro Station boosts security amid high footfall, requiring faster checks

A commuter noted that the station has been receiving high footfall as it is convenient for IT professionals from Hebbal to reach ITPL. The Metro now helps them save close to 30-40 minutes of travel time. Another commuter said that IT professionals travelling from Hoskote often use the Benniganahalli metro station, as it is after the KR Pura bridge. A user on Twitter (now X) also pointed out the multimodal integration at the station. "I am particularly impressed by how Benniganahalli metro station has been integrated with the surrounding neighbourhood. There are wide pedestrian walkways, bicycle paths and plenty of greenery, making it enjoyable to walk, bike, or take public transportation to the station," the user said.

Commuters have urged the BMRCL to increase the headway of the trains and the security personnel responsible for checks at various metro stations, as the ridership has seen a significant increase and is likely to rise further.

Tech titans all aboard feeder buses

Bangalore Mirror Bureau
mybangaloremirror
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TWEETS @BangaloreMirror

With the much-awaited Namma Metro Purple line from Whitefield (Kadugodi) to Challaghatta now operational, Bangalore Metropolitan Transport Corporation (BMTC) has launched high-frequency feeder bus services to improve connectivity between the Outer Ring Road (ORR) and the various metro stations.

As part of the Personal2Public outreach program, which aims to inspire commuters to use public transport at least twice a week, the Transport Minister, Ramalinga Reddy, and Professor Rajeev Gowda, Vice Chairperson, State Institute For The Transformation of Karnataka (SITK) along with many CEOs, CxOs and senior management, chose to 'Walk the Talk' by riding the Metro feeder buses travelling from the KR Pura Metro station to Intel's Ecospace office. Professor Rajeev Gowda further administered an oath to the audience comprising tech honchos to use public transport (metro/bus/commuter rail) at least twice a week.

CEOs from companies on ORR take metro feeder by BMTC

A first-of-its-kind outreach program, Personal2Public aims to inspire commuters to use public transport at least twice a week. It is a citizen-led initiative supported by WRI India, the Bangalore Political Action Committee (B.PAC), corporate and civil society organisations, auto driver unions, and research organisations. The initiative is also actively supported by BMTC, Bangalore Metro Rail Corporation Limited (BMRCL), Bruhat Bengaluru Mahanagara Palike (BBMP), Directorate of Urban Land Transport (DULT), and Bangalore Traffic Police (BTP) in their efforts to improve connectivity to the metro for residents and employees in and around the ORR.

Srinivas Alavilli, Fellow, WRI India, said, "WRI India is delighted with the steps taken by the government to integrate metro and bus for a better commute and by the active participation of corporate sector to encourage their employees to switch. As responsible citizens, we can take small actions that add to transformative change."

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GSSS | GEETHA SHISHU SHIKSHANA SANGHA(R)
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TEACHING

Position	Department	Qual. & Exp.
Professor	CSE | AI & ML | MBA	As per AICTE Norms
Associate Professor	CSE | ISE | AI & ML | AI & DS | MBA	
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Bengaluru's lifeline at risk

Concerns raised on the increased presence of sewage in TG Halli Reservoir; Environmentalists warn buffer zone reduction will only make the problem worse

| Sridhar Vivan
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The State Government's decision to reduce the buffer zone near Thippagondanahalli (TG Halli) reservoir has raised concerns among Bengalureans, especially environmentalists. Despite the government's claims that this buffer zone reduction is necessary to control construction activities, many green activists see it as a significant step toward urbanising Bengaluru's lifeline, Arkavathi. Many worry that, instead of taking measures to revitalise the river, the buffer zone reduction will result in more sewage entering the reservoir, which serves as a standby reservoir for supplying drinking water to Bengaluru.

There are four zones around the TG Halli reservoir. Among them, zone four, stretching from Shivagange to TG Halli on both sides of the Kumudvathi River (a tributary of Arkavathi), and zone three (Hesaraghatta to TG Halli on the banks of the Arkavathi River) currently have a one-kilometre buffer zone where no construction activity is permitted.

Now, the government aims to reduce it to just 500 meters. On Tuesday, Deputy Chief Minister DK Shivakumar claimed that this will help regulate the construction activities.

Sreenivas Gowda, an activist residing on the banks of the Arkavathi River, said, "Today, the Arkavathi River's banks have been transformed into urban areas, with numerous buildings, illegal layouts, shops, and warehouses encroaching upon it. Despite the buffer zone being just one kilometre, the entire river has turned into a sewage pool. Previously, there were initiatives to revive the Arkavathi River.

However, the latest plan seems to be doing the opposite." Rajajinagar MLA S Suresh Kumar added, "I strongly criticise this move. TG Halli is an important reservoir for Bengaluru, and there are plans to bring 1.5 TMC of Yettinahole water to TG Halli in the future. It is our responsibility to ensure TG Halli is protected. I feel reducing the buffer zone is nothing but diminishing the real importance of TG Halli."

Preserving B'luru's Natural Heritage Amidst Urbanisation

The BMRDA's Bangalore Metropolitan Region Revised Structure Plan 2031, which projected a population of 18 million in the next 14 years, warned of a substantial reduction in agricultural lands and forest zones. The plan proposed a less conurbation area, restricting the Floor Area Ratio to 0.5 and designating high buffer zones around water bodies and natural valleys, including the Thippagondanahalli reservoir catchment area. The plan anticipated that in 2031 the Bangalore Metropolitan Region would have a population of 18 million, with 75% concentrated under the BBMP area. Strict guidelines were laid out to prevent urbanisation in ecologically sensitive areas, natural corridors, prime agricultural lands along adjoining valleys, water bodies, and the green belt around BBMP.

> **"I feel reducing the buffer zone is nothing but diminishing the real importance of TG Halli.**
> – S Suresh Kumar

Many say that Arkavathi and Bengaluru are inseparable. In 1891, Bangalore was still a sleepy city with a population of merely 1.8 lakh. In the absence of a dedicated water source, the Mysore Dewan K Seshadri Iyer then took up the construction of Chamarajendra Water Works at Hesaraghatta (18 km from Bangalore) across the Arkavathi river. The tank was designed to supply water to a population of 2.5 lakh, assuming the city's population would grow by 16 per cent per decade. However, the city's population outsmarted its planners by 1918 as Bangalore's population had already reached 2.5 lakh, and an acute shortage was felt in 1925, leading to the drying of Hesaraghatta Lake. Sir M Visvesvaraya's committee then focused on Tippagondanahalli (28 km from Bangalore), which was commissioned in 1933. The first stage was designed to provide a daily supply of 27 Mld of water for a city's population of 3 lakh. Modifications were made to cater to the population of one million in 1956. Later, the Government sanctioned an impounding full quantity of 3,038 Mcft in 1953-54 to supply from 15-16 MGD. As the Chamaraja Sagar reservoir was insufficient, the Government had to turn to the Cauvery. The TG Halli reservoir reached the brim level in 2022 thereby rekindling hopes of rejuvenating Arkavathi, however environmentalists are now wondering how the buffer zone will impact TG Halli and whether it will ever get fresh water in the future.

Nod to declare eco-sensitive zones in 6 forests

A sub-committee meeting held on Wednesday under the chairmanship of Karnataka Forest Minister Ishwara Khandre has given in-principle approval for the declaration of eco-sensitive zones in six forest areas including Kappattagudda Wildlife Sanctuary, Bukkapatna Chinkara Wildlife Sanctuary, Kammasandra Wildlife Sanctuary, Nagarhole Tiger Reserve and Kaveri Extended Wildlife Sanctuary.

At Kappattagudda Wildlife Sanctuary, an eco-sensitive area of 322.695 sq. km has been proposed, of which 23,804 sq. km is forest area and the remaining 298,890 sq. km is non-forest area

Likewise, the Chinkara Wildlife Sanctuary at Bukkapatnam, an ecologically sensitive area of 157.08 sq. km, has been proposed of which the forest area is 18.5662 sq. km and the non-forest area is 138.52 sq. km.

A total of 93.27 sq. km. at the Kammasandra Wildlife Sanctuary has been proposed as an ecologically sensitive area. Similarly, 573.97 sq km at the Rajiv Gandhi National Park (Nagarhole Tiger Reserve) has been proposed as the eco-sensitive area, out of which, 302.36 sq km is forest area and 271.61 sq km is non-forest area.

In Anashi National Park and Dandi Wildlife Sanctuary, 669.06 sq. km. has been proposed as an eco-sensitive area. Out of this 448.81 sq. km is forest area and 220.25 is non-forest area.

At the Cauvery Wildlife Sanctuary, 145.369 sq. km has been proposed as an ecologically sensitive area, and out of this 143.663 sq km is forest area and 1.706 sq. km is non-forest area.

— BMB

Feeding frenzy at the lake

CONTINUED FROM PAGE 1

"We have been witnessing walkers at lakes throwing bread and biscuit pieces at birds oftentimes in the past. But now more and more people are feeding birds food items such as chips, popcorn, biscuits, spicy fried items, etc. While most of the items are picked by pigeons and crows, other birds too end up feeding on these more often than not," said JN Prasad, a city based bird enthusiast.

Experts noted people do not realise that feeding unnatural food can lead to life-threatening complications in birds such as aspiration, indigestion, and bloat. Moreover, feeding grains to insect-eating birds or bread to raptors can severely affect gut mobility and disrupt the gut microbiome. According to Avian and Reptile Rehabilitation Centre (ARRC) rescuers, wildlife has specialised diets and need to maintain the right nutrients to function. Providing supplemental food can have long-term effects on the health of the animals. For instance, ducks and waterfowl are often fed bread by 'well-meaning' individuals, but this can result in 'angel wings', where the wings don't develop properly and become severely twisted, compromising the birds' ability to fly and putting them at risk of predation.

Moreover, it alters their natural behaviours and results in conflict situations. It can lead to overpopulation of some species and affect the ecosystem balance. "Wild animals will lose their natural fear of people and identify them as a food source instead. What is an enjoyable activity for one person might become a nuisance for another when wildlife approaches them for food, resulting in potential conflict situations.

In the wild, the population of animals is strongly controlled by the availability of natural resources. Providing supplemental food can result in a higher reproductive rate, resulting in the overpopulation of some species.

The overpopulation of certain species can disturb the delicate ecological balance. Overpopulation cannot be supported by the natural food supply when the supplemental food source is removed," said Subiksha Venkatesh, rescue manager at the Avian and Reptile Rehabilitation Centre (ARRC).

Ornithologists told BM that human-fed birds tend to lose their instincts to hunt and forage, severely affecting them in the long run.

"Such items can have long-term effects on birds. For instance, tourists at Ranthambore National Park in Rajasthan feed treepies - a bird species - regularly. However, as soon as the park closes for tourism during monsoon months, many young treepies die as they cannot find food on their own. Such activities can be fatal for birds," said Shashank Dalvi, ornithologist and director, Eco-Connect Ventures and Vannya bird app.

Experts further added that there should be increased awareness and signage at every lake - home guards should be trained to educate people about the importance of not feeding wildlife.

"While feeding wildlife may seem like a good way to connect with them, people should look at the long-term impact and not short-term gratification and learn to appreciate them from a distance. If we want to save wildlife, conserving habitats, keeping it clean and disturbance free is key. It's essential to strike a balance between compassion and conservation. Lake groups and bird-watching clubs could play a pivotal role in spreading awareness, in addition to implementing proper policies established by lake management," added Venkatesh.

HEALTH TIP: Physiotherapy techniques improve blood circulation, which helps tissues heal faster and reduces swelling

Fruit juices are high in sugar and acid, which can damage your teeth in the same way that soda does

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ONLY THE LONELY

How loneliness changes the way our brains process the world

If there's one thing we as humans seem to have in common, it's that most of us have felt lonely at one time or another. But is the pain that comes with feeling socially isolated simply a part of being human? Why does the world seem so different when we're feeling lonely?

Recent research has begun to provide some answers. And it turns out that loneliness can affect your perception and cognition.

Although no one enjoys the feeling of loneliness, scientists have argued that humans evolved to feel this way for good reason.

Social relationships are crucial, providing safety, resources, opportunities to have children, and so on. The fact that we find the feeling of loneliness so unpleasant often motivates us to reconnect with others, bringing with it all of these benefits.

But it's not as simple as that. Feeling lonely can also induce social withdrawal and types of negative thinking, which can make it harder to connect with people.

The lonely brain

Studies have identified differences in brain areas associated with loneliness. In lonely young adults, areas of the brain related to social cognition and empathy have less dense white matter (a large network of nerve fibres that allows the exchange of information and communication between different areas of your brain). But in lonely older adults, brain regions important for cognitive processing and emotional regulation are actually smaller in volume.

A recent study found that the brains of lonely people process the world idiosyncratically. The researchers asked participants to watch a series of video clips while inside an fMRI scanner and found that non-lonely people showed very similar neural activity to each other, whereas lonely people showed brain activity that was dissimilar to each other and to the non-lonely participants. So lonely people appear to view the world differently to others.

Finding friends in fiction

This is also evident in how lonely people view fictional characters. Researchers in the US carried out brain scans on fans of the television series Game of Thrones while these fans decided whether various adjectives accurately described characters from the show. The authors of the study were able to identify activity in the brain that distinguished between real and fictional people.

While the difference between these two categories was clear in non-lonely people, the boundary was blurred for lonelier people. These results suggest that feeling lonely may be associated with thinking of fictional characters in a way similar to real-world friends.

However, given the design of the study, it's unclear whether the findings suggest loneliness causes this way of thinking or if considering fictional characters in this way causes people to feel lonely. And there's always the possibility that a third factor causes both outcomes.

Another recent study, this time by researchers in Scotland, provided more evidence of how loneliness can affect your cognition. This study focused on inanimate objects. Participants were shown images of products containing pareidolic faces (face-like patterns) and were asked to give several ratings like how eager they were to explore the product and how likely they were to buy it.

The results showed that lonelier participants (compared with those lower in self-reported loneliness) were more likely to attend to, engage with, and purchase products that showed "happy" configurations. These findings may again provide evidence that loneliness is associated with the drive to find connection, even if it's with objects. Indeed, this makes sense in the light of previous work showing that lonelier people are more likely to anthropomorphise gadgets or their own pets.

If we look at these studies and what they seem to be telling us, loneliness is not only the perceived absence of others, but also a desire for connection. Whether that's thinking of fictional characters like real friends or being drawn to happy objects, our brains seem to search for social connections wherever they might find them, especially when we don't feel like other humans are providing enough of these for us.

(By Robin Kramer, University of Lincoln, The Conversation)

All you need to know about...

Leaving pets alone

Leaving your pets alone at home sometimes is unavoidable. However, ensuring your fur baby's well-being and safety while you are away essential. Here are a few tips to ensure, your pets are comfortable when you are away:

Remove all hazards
Creating a safe environment before leaving your pet alone, by removing any hazards, such as toxic plants, chemicals, or small objects that could be swallowed. It's a good idea to provide a designated area with comfortable bedding, toys, and access to food and fresh water.

Give enough exercise
Make sure your pet has had sufficient exercise, whether it's a long walk for dogs or playtime for cats. Consider leaving interactive toys or puzzle feeders.

Keep routine going
Pets thrive on routine, so establish and try to maintain a consistent schedule even when you're not around. Regular meal times, walks, and play sessions can provide a sense of normalcy and reduce anxiety. If you'll be away for an extended period, consider hiring a pet sitter.

Separation anxiety
Consult with a veterinarian or animal behaviourist for advice on managing separation anxiety and potential solutions, such as gradual acclimatization, positive reinforcement with some reward for calm behaviour, training techniques or calming strategies such as pheromone diffusers or sprays designed for pets. Signs of anxiety include excessive barking, destructive acts, or soiling in the house.

Remote monitoring
Consider investing in a pet monitoring system that allows you to check on your pet via a camera or get alerts if anything unusual occurs.

—Kayalvizhi Arivalan, Femina

MIRRORLIGHTS

Video games during brain surgery to study treatments for Parkinson's

US researchers are launching a new five-year project on patients playing video games during brain surgery to better understand how the brain regulates movement in people with Parkinson's.

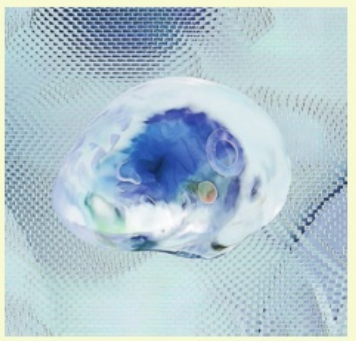
The project, with a $5 million grant from the US National Institutes of Health, aims to develop more individualised treatments for patients with Parkinson's -- the second most common neurodegenerative disease after Alzheimer's.

"We will try to understand how our brain controls the actions we perform, how we make decisions between competing goals, how we stop moving, and how we switch actions," said Vasileios Christopoulos, assistant professor of bioengineering at University of California-Riverside.

The brain network associated with action regulation is disrupted with Parkinson's, causing slower movements, difficulty stopping a movement, freezing, or having trouble initiating a new action.

As the disease progresses, dopamine-producing cells die. Dopamine is a neurotransmitter, responsible for feelings of pleasure which in turn fuel motivation.

A first step in treatment is often L-Dopa, a drug meant to replace lost dopamine. When L-Dopa or similar medications stop working, deep-brain stimulation is often a last-ditch treatment. Electrodes are implanted to stimulate an area of the brain called the subthalamic nucleus or STN, which is involved with Tourette's syndrome and obsessive-compulsive disorder as well as Parkinson's.



"When a bus is coming and you want to stop crossing the street, the STN is involved. It's the brake you have in your brain when you want to stop what you're doing," Christopoulos said.

"In Parkinson's, we know this area is hyperactive. For them, every action is like driving a car with their foot on the brakes."

For the project, around 200 patients will be awake while the electrodes are implanted.

They will play a video game with a joystick, before, during and after surgery, allowing the research team to see the effectiveness of the treatment in real time."

— IANS

Here's How You Can Do Good As A Digital Nomad

How to make sure that even as you are busy with work, you manage to take time to do good by your host community

Being a digital nomad can be great for the remote worker, but it is important to have the right attitude so that you can also do good to your hosts city or country.

Not everyone loves digital nomads. Although so many countries across the world now offer special visas for digital nomads (Dubai, Colombia, Estonia, Bermuda, Portugal, Spain, Croatia and Cayman Islands, to name just a few), they often get a bad rap from local residents. They believe that digital nomads push housing costs higher and out of reach of the locals, and strain the community by just 'dropping' into places rather than trying to fit into the fabric of society at their new temporary homes. It is an undeniable fact, however, that foreign workers can infuse a financial boost into the arm of the host country, and it works out well for them because living costs are usually lower than in their home country. How can digital nomads do good rather than spark suspicion in their new home areas? Here are simple ways to consider if you want your impact to be positive, and your being there actually being good for the local community:

Spend Money To Benefit Local Businesses

Prioritise shopping in smaller local shops rather than at big supermarkets, eat in non-touristy restaurants alongside locals, and tip delivery and cleaning people generously.

Engage In An Intellectual Exchange

If you have transferable skills as part of your job description, it would be great to help locals in whatever capacity you can. A healthy exchange of ideas can spur local entrepreneurship and potentially improve the lives of the people amid whom you live.

Volunteer In Your Free Time

There's no better way to get under the skin of a new destination – here, your new home for a period of time – than by offering the help you can. Perhaps you could offer to help local kids with spoken English, or give some time to a nearby soup kitchen.

Be Social

Don't spend all your time working in your home. The point of working away from home is that you live in another place.

Go out and immerse yourself in life outside; once your neighbours and people in the locality realise that you're friendly, they, too, will get more used to you and less resentful of your presence in their midst. Keeping to yourself is an invitation to be isolated. Don't let your reticence be misinterpreted as arrogance. Embrace your new temporary home country and, in time, you will go a long way in overturning suspicions against digital nomads.

— Femina

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personal

CHANGE OF NAME

I, YOGESH R/o. No. #595/A, 3rd Main A, Block 2nd Stage Rajajinagar Bengaluru 560010 have changed my name to BHEEMRAJ YOGESH vide Affidavit dt. 10.10.2023 sworn before notary Mr. C Srinivas Bengaluru.

I Ranjula Bengani W/o Parmod (S/o.Janwari mal Bothra).R/o 643 2nd A main road papparedylalya nagarbhavi 2nd stage Bangalore-560072 have changed my name to Ranjula Bothra after marraige all purpose.

I, Amrithakala.P.Rai W/o Prithviraj.K.Rai R/o #133,2nd B Cross, S S R Layout, Rachena -halli, S K Nagar, B'luru 560077 Have Changed My Name to Amrith.P.Rai For All Purposes

I, SUSHMA MANJUNATH , R/a #103,Yashila Apts,1st A Main, Koramangala 4th Block, Bangalore-95. I, have changed my name to, SUSHMA ANURAGH, Vide affidavit, dated 10/10/2023 Sworn before Notary Meer Hassan Bangalore

I, Nazima B Anu W/o Nawaz F R/o #131, K M Colony , Jayanagar , 1st Block B'luru-560011 have changed my name to Nazeema for all purposes.

I, ALTHAF RAHMAN residing at No. 199/1, near Jamiya Masjid, Shikaripalya, Jigani, Bangalore - 560105 have changed my name to ALTHAF UR RAHAMAN, vide affidavit dated 07.10.2023 before notary R Basavaraja, Bangalore

I Anithalakshmamma W/o. M Narasimha Murthy R/a. No.30, 8th Cross, Near Muneshwara Temple, G G Palya B'lore- 22. I have changed my name from Anithalakshmamma To ANITHAMURTHY. Vide affidavit date: 10.10.2023. Sworn Before Notary: Chandrakala.

I, Manisha, Aged 27 yrs, R/o. Krishna Mystiq, 402, B Blk, Chikkathogur Mn Rd, Pragathi Nagar, E City, Blr-560100, have changed my name to Manisha Dabarabadi for all purposes. Wide affidavit dated 10.10.23

I, Jamheera Taj w/o Moulana Abdul Kareem R/o 9th Cross, Leelavathi Extension, Maddur Town, Mandya-571428, have changed my name to Jamheer Taj for all Purposes.

I, SHARANABASAPPA S/o. Sanaganabasappa Shivanagutti Residing at 1889, 7th A Main, E Block, 2nd Stage, Rajajinagar, B-10 have changed my name to SHARANABASAPPA SHIVANAGUTTI vide affidavit dated: 11.10.2023 Sworn before notary: Chandrakala, Blore

I, MOHAMMED AHTESHAM R/at No.15, 2nd Cross, B Street J.J.R. Nagar, Bangalore- 560018, have changed my name to MOHAMMED ZIDAN SHAIKH vide affidavit dated: 11/9/2023 Before Notary H.S.Sakalesh Aradhya Bangalore.

I Manasa Somashekar D/O, Ramu D R/o 16, 4th Cross, Kamakya Layout, BSK 3rd Stage, Bangalore 560085 have changed my name to Manasa R for all purposes.

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India has high debt like China, but risks are moderated: IMF

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'Monitoring the situation closely'

Envoy tells members of Indian community in Israel

#TEL AVIV [ISRAEL]

In a message to the Indian diaspora residing in Israel, the Indian Ambassador to the war-torn country, Sanjeev Singla has said that the situation is being monitored "very closely" and that the embassy is working round the clock to keep the Indian nationals safe.

In a video message on the social media platform X, the Indian Ambassador to Israel said, "To our fellow Indian citizens in Israel. This is to assure you that the embassy is working constantly for your safety and welfare." "All of us are going through very difficult times, but please do remain calm and vigilant and follow the local security guidelines," he added.

The Embassy of India, Tel Aviv, Israel has issued an important advisory to Indian citizens in Israel about the ongoing developments in Israel requesting Indian citizens to remain vigilant, observe safety protocols exercise caution, and stay close to safety shelters as advised by the local Government authorities.

"We are here to help you, and we thank many of you who have sent so many messages of appreciation to us. We are monitoring the situation closely, and please stay tuned for any updates...Jai Hind," the envoy said further.

As the war between Israel and Hamas grows intense, the Indian Embassy in Israel has set up a 24-hour helpline desk for the citizens stranded there and has asked them to follow the security advisories. In a post on X, the Indian Embassy in Israel has stated that it has been working constantly to help fellow citizens.

Rockets are fired toward Israel from the Gaza Strip, on Wednesday

"The Embassy has been working constantly to help our fellow citizens in Israel through a 24-hour helpline. Please remain calm & vigilant & follow the security advisories," India in Israel wrote on X.

The Indian Embassy in war-hit Israel has activated a 24/7 helpline number +972-35226748 and +972-543278392 or cons1.telaviv@mea.gov.in for Indian citizens who need assistance amid the ongoing conflict or wish to register with the Embassy.

Meanwhile, amid the ongoing Israel-Palestine conflict, the Indian diaspora in Israel has expressed confidence in the country's military and said they want to live peacefully.

A woman of Indian origin in Ashkelon, Israel, Ilana Nagaukar, told ANI: "Yesterday, a missile struck here, vehicles caught fire and there was a power cut in all these buildings. We feel that we are in danger but we believe in our Army. This is our home and we can't go anywhere. We want to live here peacefully." **-ANI**

Uzbek cough syrup deaths: India allows factory to reopen

Uttar Pradesh has permitted the resumption of most production at a factory owned by Marion Biotech, whose cough syrups Uzbekistan linked to the deaths of 65 children last year, according to an order seen by Reuters.

Marion is among three Indian companies whose cough syrups the World Health Organization (WHO) and other agencies have linked to the deaths of 141 children in Uzbekistan, Gambia and Cameroon since the middle of last year, in one of the world's worst such waves of poisoning.

"There's no known case of a lack of quality in other medicines manufactured by the firm," the drug controller of Uttar Pradesh where Marion is based, and which cancelled the firm's licence in March, said in the Sept. 14 order sent to the company. "...in view of natural justice, the appeal of the manufacturing firm is partially accepted. Its permission to make products using (cough syrup ingredient) propylene glycol is cancelled, and it is allowed to make and sell all other products."

The drug controller, Shashi Mohan Gupta, said in the order that the decision to allow the company to reopen its factory was taken by the state's health department on Aug. 11 after an appeal by the company.

Police at the gate of an office of Marion Biotech, in Noida (File photo)

Gupta declined to comment on the letter. He told Reuters on Wednesday the drugs controller general, Rajeev Singh Raghuvanshi, had written to Marion Biotech to initiate a plan of corrective and preventive actions by the company. Raghuvanshi and the company did not respond to a request for comment. Marion that says on its site it deals in pharmaceuticals, herbal and cosmetics products, has previously denied any wrongdoing. Uttar Pradesh closed Marion's factory after Uzbekistan's health ministry found that two cough syrups made by Marion, Ambronol and DOK-1 Max, contained unacceptable amounts of toxins diethylene glycol (DEG) and ethylene glycol (EG) that are used in products not meant for human consumption. **-Reuters**

NewsClick: CBI files FCRA case, searches 2 locations

#NEW DELHI

The CBI has registered a case on the allegations of violations of FCRA provisions against NewsClick, including its editor Prabir Purkayastha and others.

The Central Bureau of Investigation (CBI) on Wednesday also carried out searches at two locations in the national capital on the office premises of NewsClick and its editor Purkayastha, who was arrested on October 3. A CBI spokesperson here said that the agency has registered a case against Delhi-based private company (NewsClick) and others, including its Director.

The official said that it was alleged that NewsClick had received unexplained export remittance of Rs 28.46 crore through four foreign entities in violation ofForeign Contribution Regulation Act (FCRA) provisions. "It has also been alleged that there was an unexplained receipt of foreign fund of Rs 9.59 crore by incorrect characterization of the fund as FDI. The Director of said private company with his close associates had allegedly violated the provisions of FCRA, 2010," the official said.

Journalists take part in a candle march against the police raid on news portal NewsClick, in Mumbai, last week

The official further said that the provisions of FCRA, 2010, prohibiting acceptance of foreign contribution by company engaged in production and broadcast of audio-visual news or current affairs programme through any electronic mode and by any correspondent or columnist or writer or owner of such company, were violated.

The development comes days after the Delhi Police's Special Cell carried out searches at multiple locations in the national capital, including the premises of NewsClick and journalists associated with it in connection with a case registered under the provisions of Unlawful Activities (Prevention) Act. **-IANS**

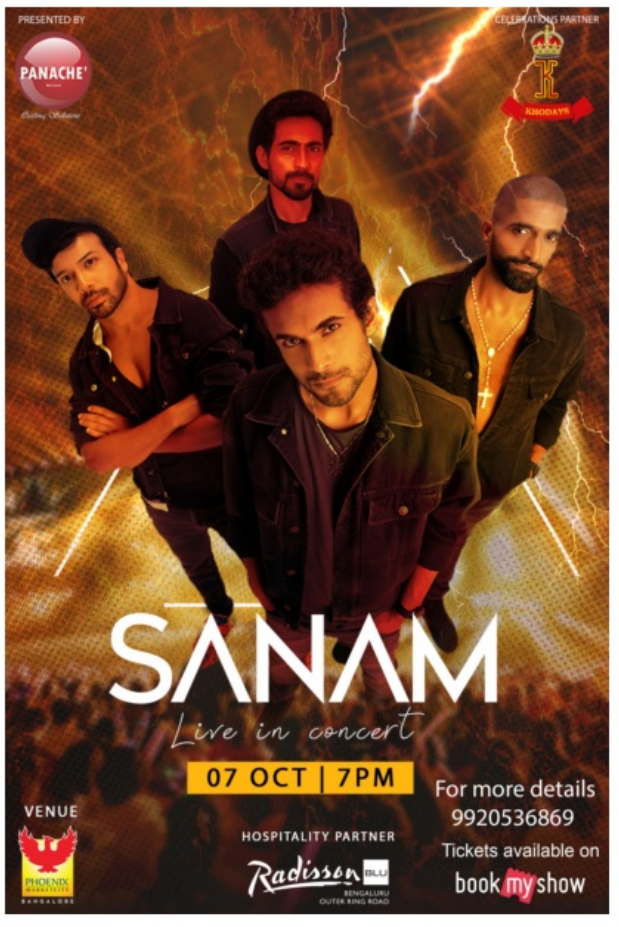
Abortion: SC bench gives split verdict

#NEW DELHI

A two-judge bench of the Supreme Court on Wednesday pronounced a split verdict on the Centre's plea for recall of its October 9 order granting permission to a married woman, a mother of two, to terminate her 26-week pregnancy, with one judge voicing her disinclination to allow abortion and the other asserting that the woman's decision "must be respected".

While Justice Hima Kohli wondered which court will say "stop the heartbeat of a foetus" and made it clear she was not inclined to permit the 27-year-old woman to terminate her pregnancy, Justice BV Nagarathna said the court should respect the decision of the woman who has remained determined to abort it.

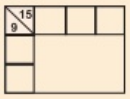
In view of the disagreement between them, the two judges of the bench, which had passed the October 9 order, decided to place the Centre's application before Chief Justice D Y Chandrachud for being marked to an appropriate bench for adjudication. Justice Kohli observed the top court had permitted the woman to terminate her pregnancy after considering the October 6 report by a medical board of the All India Institute of Medical Sciences (AIIMS). During the hearing, the bench took exception to an October 10 e-mail by one of the members of the medical board about the possibility of survival of the foetus, and asked which court will say "stop the fetal heartbeat". **-PTI**



mybangaloremirror@timesgroup.com
facebook.com/theBangaloremirror
@BangaloreMirror

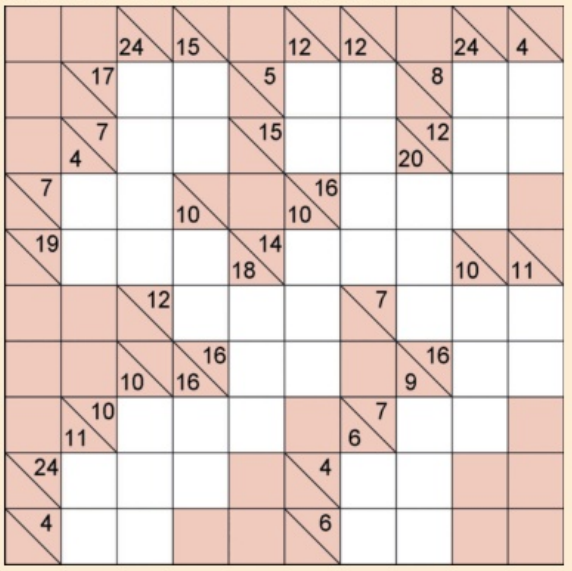
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

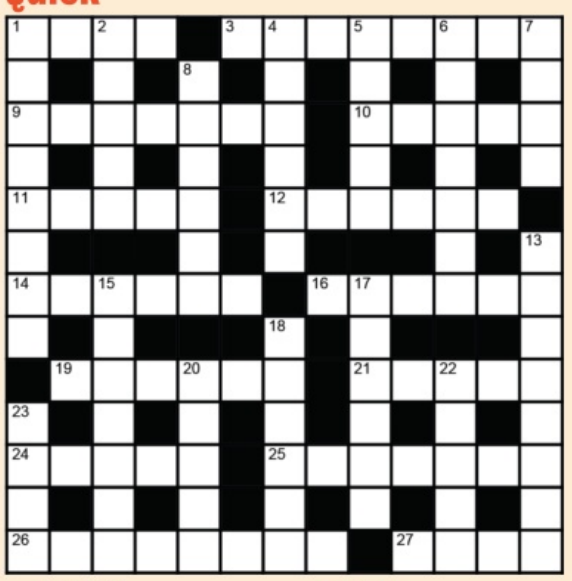


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Small casks (4)
3 Visionary (8)
9 Lowly domestic servants (7)
10 Father (5)
11 Cut in two (5)
12 Indescribable, as in "____ wealth"? (6)
14 The State Archaeological ____ is located in Cubbon Park (6)
16 Exhausted or killed? (4,2)
19 Government office (6)
21 Belief or credo (5)
24 Strong and muscular (5)
25 Type of washing machine (4-3)
26 Particular skill (8)
27 Small land mass (4)

DOWN

1 Fairy-tale midget? (3,5)
2 Cliche-ridden (5)
4 Capital of Assam (6)
5 Check accounts (5)
6 Coddle (7)
7 ___ with : trifles with ? (4)
8 A French cake (6)
13 Rocky (8)
15 Pupil (7)
17 Set of clothes (6)
18 __ out : protruded outward? (6)
20 Cleopatra's country (5)
22 Brief letters (5)
23 Fernando group (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: S EQUALS U

TAHG WES FHUKH DE YUIH U FEGDXLJSDLEG, WES JHQLG DE BLH.

Linemaro

I really love the way you pucker your lips

Mindchow

You HAVE to fail at something, unless you live so cautiously that you might as well not have lived at all · and fail by default

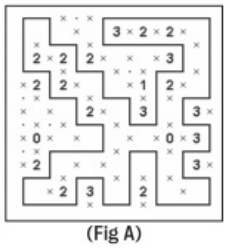
Joke of the day

You know your children are growing up when they stop asking you where they came from and refuse to tell you where they're going

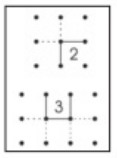
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

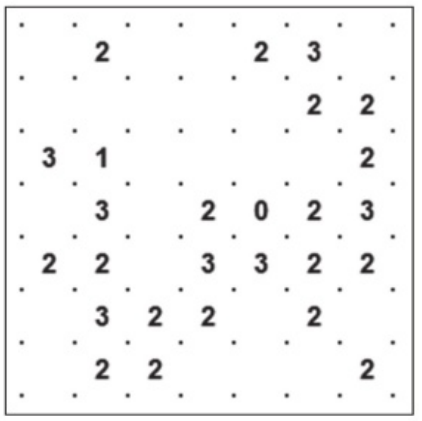


(Fig B) Not Allowed

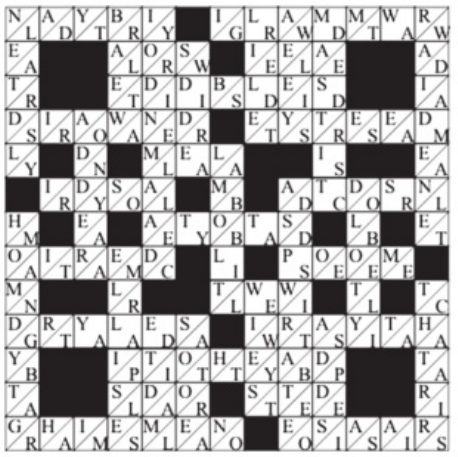
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



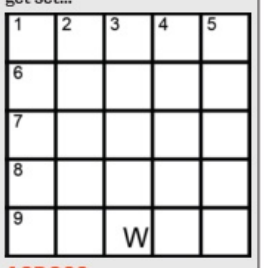
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

1 Or bag; 6 Morse;
7 I sine; 8 Ave Ga;
9 Or Wed

DOWN

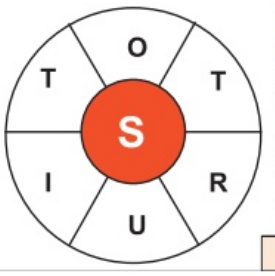
1 Donga; 2 Mi Goa;
3 Wears; 4 Bever;
5 So ire

Mensapuzzle

Which number is the odd one out?

9654 4832 5945 7642 7963 8216 3649

Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

08 Average; **09** Good; **11** Outstanding

SudokuChallenge

5			6					
	2	7			8	6		
				3	4			1
2	6	9						
	4	5				3	2	
						9	6	7
9			4	2				
		3	8			2	5	
					1			4

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 10
2 2 3 7

Medium = 12
3 3 8 9

Hard = 4
2 4 5 4

Hocusfocus

Find at least six differences in details between panels.

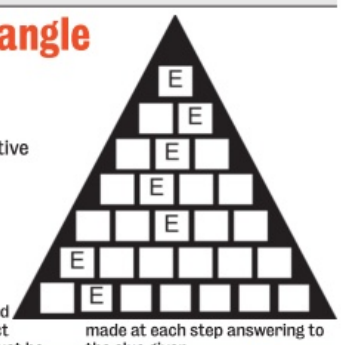
Differences: 1. Headlights are larger. 2. Stripe is missing from sleeve. 3. Door handle is reversed. 4. Officer is standing straighter. 5. Windshield is curved on top. 6. Wheel is not seen.

Riddler

A family photo has the following: 1 grandfather, 1 grandmother 2 fathers, 2 mothers 6 children, 4 grandchildren 2 brothers, 2 sisters 3 sons, 3 daughters 1 father-in-law, 1 mother-in-law 1 daughter-in-law It could show 29 different people, but what is the smallest number of people if could have?

Alpha triangle

1 Second vowel
2 Concerning
3 Female pronoun
4 Successor
5 Possessive adjective
6 This or that
7 Weightier



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

YOU MEAN THIS GUY JUST WALKS UP... PUTS A GUN TO YOUR HEAD AND TAKES ALL YOUR MONEY?!
RIGHT
7-18
THAT'S A DIRTY SHAME!
...TO THINK OF ALL THOSE YEARS I WASTED GOING TO MEDICAL SCHOOL!

Bizarrotrip

This neutral tan chip looks the same as every other neutral tan chip.
©2023 BIZARRO STUDIOS
Wayno & Piraro 8-1-23
Dist. by King Features
BIZARRO.COM
BEIGE-A-VU

Diamond Lil

HEY, SID, CAN YOU MAKE A BUSTY NAIL?
WHAT'S A BUSTY NAIL?
IT'S A RUSTY NAIL WITH A D CUP IN IT
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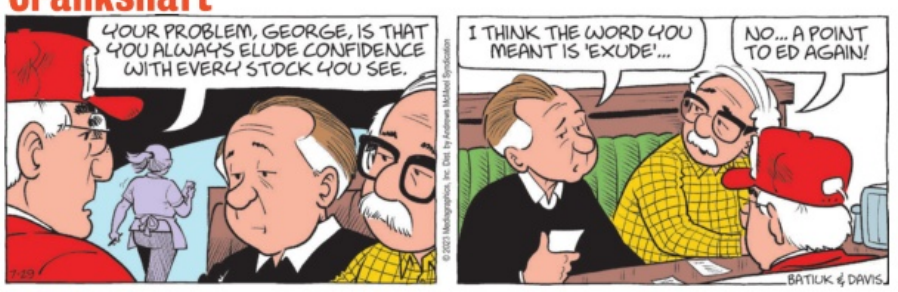
www.creators.com
Bartosh

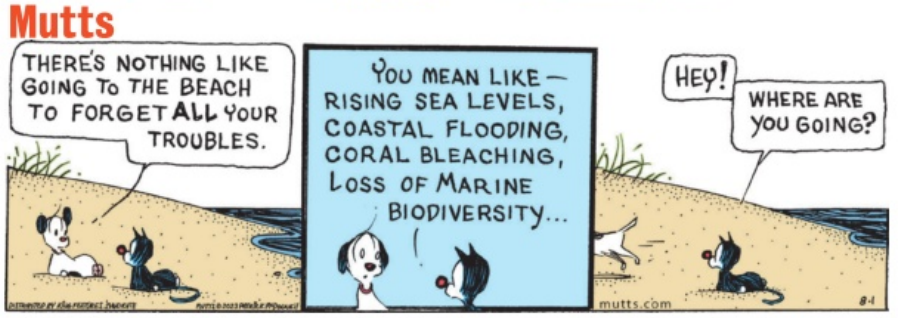
Hart of the city

IT'S TIME FOR ME TO SHOOT MY SHOT, DEAN. I'M GOING TO ASK HEART TO GO WITH ME TO THE DANCE.
I FEEL LIKE SHE'S GOING TO SAY NO.
YOU GOTTA DO IT WITH CONFIDENCE! HEART LIKES CONFIDENCE!
WELL, I'M CONFIDENT SHE'LL REJECT ME.
HEART OF THE CITY © 2023 ANDREWS MCMEEL
GOCOMICS.COM/HEARTOFTHECITY

Crankshaft


YOUR PROBLEM, GEORGE, IS THAT YOU ALWAYS ELUDE CONFIDENCE WITH EVERY STOCK YOU SEE.
I THINK THE WORD YOU MEANT IS 'EXUDE'...
NO... A POINT TO ED AGAIN!
BATIUK & DAVIS

Mutts


THERE'S NOTHING LIKE GOING TO THE BEACH TO FORGET ALL YOUR TROUBLES.
YOU MEAN LIKE— RISING SEA LEVELS, COASTAL FLOODING, CORAL BLEACHING, LOSS OF MARINE BIODIVERSITY...
HEY!
WHERE ARE YOU GOING?
mutts.com

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you are blessed by the moon. Work-related pressure may go away. Your earnings may now convert into profits. You are likely to invest for a long-term period. You may receive an overseas work order, which could provide you with financial benefits in the future. You may find your soul mate. Students may hear good news about their academics.

Taurus Apr 21 – May 20
Today, you are blessed by the moon, which may help you perform well on the professional front. You can easily implement your business plans with the help of your colleagues. Intellectual and financial investments may start yielding profits, increasing your confidence level. You can use your wisdom to gain benefits.

Gemini May 21 – Jun 21
Today, you are blessed by the moon. Your spiritual power may make you happy, and your thinking may be positive. You are inclined toward spiritualism today and may plan to visit a religious place. You might also take an interest in occult science. It's advisable to keep your views to yourself and try discussing them with those who understand your feelings.

Cancer Jun 22 – July 23
Today, you may feel nervous and lack patience. To seek peace, you may be attracted to the occult. It's advised to follow your intuition before proceeding. You may also gain in-depth knowledge on a subject or have a good focus on your research. Chanting mantras may help you in this situation.

Leo Jul 24 – Aug 23
Today, you are blessed by the moon, which can help improve your inner strength. You are likely to encounter new opportunities for your business and work, which will pay off in terms of gains in the near future. Couples may receive good news regarding childbirth. Lovebirds are advised to be clear in their communication to ensure a bright future.

Virgo Aug 24 – Sep 23
Today, you are blessed by the moon, and things are under control. Your performance may be praised by your seniors, and you can expect promotions. Money that was previously stuck is likely to be recovered, increasing liquidity in the business. Some good news may come in terms of legal matters, and many issues in partnerships are likely to be resolved.

Libra Sep 24 – Oct 22
Today, you may receive good news related to your job. Job seekers may be focused on cracking entrance exams through hard work. Singles may hear good news about marriage, and couples may receive good news regarding childbirth.

Scorpio Oct 23 – Nov 22
Today, you may plan to change your place, but it is advised to postpone migration-related decisions. Avoid making investments in your business. By late evening, the situation may be under control. With good advice from an elder, you may be able to manage a messy situation.

Sagittarius Nov 23 – Dec 22
Today, you may have good patience, and meditation can help increase your concentration, speeding up your projects. Your subordinates may cooperate with you, which can help you complete your project ahead of schedule. There may be some short work-related travels, and you are likely to meet an influential person who can boost your business.

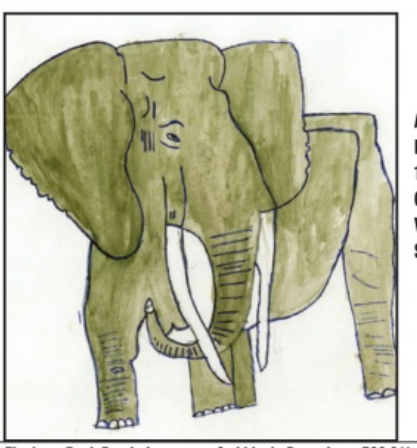
Capricorn Dec 23 – Jan 20
Today, you may spend on buying creative or artistic items to renovate your house, increasing your social status. You may implement new plans into your family business, which will pay off in terms of gains in the near future. You may also be busy with family or social gatherings.

Aquarius Jan 21 – Feb 19
Today is a good day for you, and you may have good vitality and health. You can enjoy your work. Your challenge today is to avoid being too straightforward. It's advised to avoid arguments on trivial topics to prevent disputes in the family. Job seekers may find a suitable job, and lovebirds are advised to avoid arguments over minor issues.

Pisces Feb 20 – Mar 20
Today, you are not blessed by the moon. You may feel unhappy, become impatient, and find it difficult to perform tasks and fulfil your desires. You may want to detach from your responsibilities and may not be able to complete any task.

KIDZONE

Varun Raj, 15 Years, Indiranagar Cambridge School



Arun Kumar M, 11 Years, Gandhi Vidya Shaala

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
5 x 3 x 4 =
[15 x 4 = 60]

BULL'S EYE
oust, rust, sort, sour, stir, stout, strut, suit, suitor, TOURIST, trust

FAST FIVE

D	O	W	E	R
A	G	A	V	E
N	I	S	E	I
O	M	E	R	S
G	A	R	B	O

RIDDLER
Eight. 4 children, their mother and father and one set of grandparents.

STRIKE OUT

G	A	M	E	L	A	N	■	E	S	S	A	R	■	■
A	■	S	A	O	■	S	T	D	■	I	■	■	■	■
B	■	P	I	T	H	E	A	D	■	A	■	■	■	■
D	R	Y	A	D	S	■	W	R	A	I	T	H	■	■
N	■	L	■	L	E	I	■	L	■	C	■	■	■	■
A	I	R	E	D	■	I	P	O	E	M	■	■	■	■
H	■	E	Y	O	T	S	■	B	■	T	■	■	■	■
I	D	O	L	■	B	A	C	O	R	N	■	■	■	■
Y	D	■	L	E	A	■	I	■	■	E	■	■	■	■
D	R	A	W	E	R	■	E	S	T	E	E	M	■	■
R	■	E	D	I	B	L	E	S	■	I	■	■	■	■
A	■	L	O	W	■	I	L	A	■	A	■	■	■	■
L	A	V	B	Y	■	G	R	A	M	M	A	R	■	■

QUICK

A	P	T	I	T	U	D	E	■	I	S	L	E	■	■
B	■	N	■	P	■	E	■	T	■	E	■	L	■	■
B	E	E	F	Y	■	T	W	I	N	T	U	B	■	■
A	■	D	■	G	■	T	■	F	■	O	■	A	■	■
B	U	R	E	A	U	■	T	E	N	E	T	■	■	■
B	■	T	■	J	■	U	■	■	■	■	■	S	■	■
M	U	S	E	U	M	■	D	O	N	E	I	N	■	■
U	■	A	■	R	■	U	N	T	O	L	D	■	■	■
H	A	L	V	E	■	U	N	T	O	L	D	■	■	■
T	■	A	■	T	■	P	■	I	■	U	■	S	■	■
M	E	N	I	A	L	S	■	D	A	D	D	Y	■	■
O	■	A	■	G	■	I	■	U	■	N	■	O	■	■
T	U	B	S	■	I	D	E	A	L	I	S	T	■	■

MENSA PUZZLE
3649: In all the others multiply the first two digits together to produce the number formed by the last two digits

QUOTE UNCODE
When you cease to make a contribution, you begin to die.

GO FIGURE
Easy
3 - 2 + 2 + 7 = 10
Medium
9 + 3 / 3 + 8 = 12
Hard
4 + 2 - 5 x 4 = 4

6	5	2	3	9	1	7	8	4
4	1	3	8	7	6	2	5	9
9	7	8	4	2	5	1	3	6
3	8	1	5	4	2	9	6	7
7	4	5	1	6	9	3	2	8
2	6	9	7	8	3	4	1	5
8	9	6	2	3	4	5	7	1
1	2	7	9	5	8	6	4	3
5	3	4	6	1	7	8	9	2

ALPHA TRIANGLE
E, Re, Her, Heir, Ether, Either, Hefter.

LOOP

KAKURO

■	■	■	■	■	■	1	3	■
■	■	■	■	■	1	3	■	■
■	■	■	■	7	9	■	8	4
■	■	■	1	2	■	5	9	3
■	■	3	9	7	1	6	■	■
■	1	9	6	8	7	■	■	■
3	9	7	2	1	■	■	■	■
1	2	8	3	■	■	■	■	■
2	6	4	■	■	■	■	■	■

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Star couple — Hollywood actor Bradley Cooper and model Gigi Hadid were spotted spending time together in NY, giving way to rumours that they may just be the hottest new couple in town. This spotting comes after they were seen together twice in NYC

BangaloreMirror | 12
Thursday, October 12, 2023
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Entertainment Industry Promotion

Girl power

Kajol celebrates International Day of Girl Child with heartfelt post

As the world marks the International Day of the Girl Child, Kajol took to her IG handle to post a pic of her daughter Nysa and penned a heartfelt note. She said, "May we all have daughters we raise to be strong and beautiful, yet they manage to pleasantly surprise us with a Gen Z twist to that upbringing! I thank my @nysadevgan for educating me and bringing me around to her way of thinking, time and again, to stop me from stagnating.

Kajol, who was last seen in the web series, 'The Trial' recently opened up on what made her say yes to the role. She said that she first wanted to hear the adaptation. "As Suparn Varma (creator of the show) mentioned, The Good Wife is a Western concept set in a Western world, and it had to be adapted to India, our sentiments, our society and our culture. And when you add all of this, does the show lose its zing, or does it become too emotional? So all those things had to be considered, and once it was done, I agreed to it."

Thanks to the OTT space, female actors are now getting the lion's share of meaty roles akin to heroes. Kajol replied, "I have never considered myself a hero. I have this innate belief that I might have a strong role that may be a big part of a film or a show, but a film is made by every person working on it. I will not be able to do a good scene if I don't have a good actor opposite me and a good director behind me or a good director of photography. It is everybody's little contribution that goes into making a good film. It is never just the hero regardless of whether he takes the credit, blame, or the paycheque and goes home." **—ETimes**

Ethereal ethnic

If you want some tips to dress up for the festive season ahead, take a leaf out of Rakul Preet Singh's stylebook

Watch this story come alive by pointing your phone camera at the QR code

Epic adventure

In just a month's time, Brie Larson will fly into action with the latest instalment of her superhero film 'The Marvels'. The actress who plays Carol Danvers, aka Captain Marvel, will band together with Teyonah Parris' Monica Rambeau and Iman Vellani's Kamala Khan, aka Ms Marvel, for one epic adventure.

The film is a sequel to the billion-dollar box office hit 'Captain Marvel' and will mark the return of the female superhero and the big-screen debut of the characters Monica Rambeau and Ms Marvel, who were first seen in the MCU web series - WandaVision and Ms Marvel, respectively.

Also joining the band of heroes is Korean star Park Seo-Joon, who will reportedly play the role of Prince Yan of Aladna. Fans were given a first glimpse of the star in the trailer that dropped last month. According to reports, he was rumoured to play Brie's love interest in the film.

Now, a new promo that dropped online gives fans a closer look at the star in action as he seemingly wooes Carol with his charms. Park Seo-Joon plays quite a peculiar character who resides on a musical planet where everyone has to sing to communicate. While we have got glimpses of what appear to be musical numbers in the film, the new promo features Park and Brie in a romantic dance sequence.

Even though the trailer featured just a 2-second dance sequence, it was enough to get fans speculating about a possible wedding scene in the film. As the clip also featured Carol in a blue gown, many assumed that it could be from the characters' wedding, as seen in the comic books.According to the star, 'The Marvels' will find the hero at an 'interesting spot' **—ETimes**

Love for white

Bollywood star Karisma Kapoor says her fashion sensibilities are deeply influenced by her iconic grandparents, the late Raj Kapoor and Krishna Kapoor.

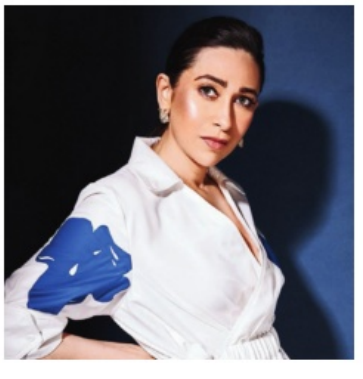
Karisma, the star of countless hits such as "Coolie No. 1", "Raja Hindustani", "Dil To Pagal Hai", "Fiza", and "Zubeidaa", walked the ramp for designer Sanjay Garg's label Raw Mango on the opening day of Lakme Fashion Week in partnership with FDCI on Tuesday.

When asked who is the most fashionable member of the Kapoor family, the actor said, "I would say my Grandparents. They always wore white clothes. And my grandma always wore white saris. So my love for white came from there," Karisma told PTI.

The 49-year-old actor also likes the fashion sense of her sister Kareena Kapoor Khan.

At the fashion show, Karisma walked alongside a host of models, including actors Saba Azad and Kalki Koechlin.

Karisma said she feels nervous before walking the ramp every time."As an actor, we are used to being in front of the camera, not in front of the ramp. So I have to admit I always feel a bit nervous because it is something different. Of course, I've done my fair share of ramp walks, but you always feel a bit nervous." **—PTI**



SANDALWOOD SHOTS

Y MAHESWARA REDDY

Unfulfilled dream

Debutant actor Daksh Garag has an unfulfilled dream. He aspired to have the late Power Star Puneeth Rajkumar as the chief guest for the trailer release of his debut film, "Nethram."

"One of my friends approached Puneeth Rajkumar one week before his unexpected demise. My friend requested Puneeth Rajkumar to spare his valuable time to release our movie Nethram's trailer. We were very happy when we learned that Puneeth Sir agreed to attend the function. Puneeth Sir passed away after one week. I am still repenting for not having an opportunity to meet Puneeth Sir and have his blessings," said Daksh Garag.

According to him, the movie's shooting was completed before the COVID-19 pandemic, but its post-production work and release got delayed due to the coronavirus.

Double delight

Filmmaker and actor Vinay Ratnasiddi, known for his previous works "Engineers" and "Ganduli" in the Kannada film industry, has chosen an unconventional and intriguing title, "Premam 2two," for his next project, in which he also takes on the lead role. The film is on track for an upcoming release, with the trailer already unveiled at the Renukamba Preview Theater.

What sets "Premam 2two" apart is its ensemble of six heroines: Shakuntala, Vaishnavi, Sushmita, Manjushree, Kaveri, and Priyanka. Amarendra Varada and Prasad BG produced the movie under the banner of Ratnasiddi Films.

"I want to convey an important message to society through this movie. The message is that pure love never ends. We began the shooting of this movie with two characters. Now, the number of characters in the movie is around 200. The movie focuses on what happens if an innocent person falls in love, what type of problems arise, and how he comes out of those problems," says Vinay Ratnasiddi.He said the hero has six heroines in the movie.